



NEWSLETTER

VOLUME 3

MAY 2018

PRINCIPAL'S REPORT

Independent School Review

The school has received the Independent Review Report, and the full report can be found on the school's website. There were a number of highlights, including the positive WACE and NAPLAN results that are consistently above like schools and a highly developed School Board. As a result of the school's data review the 2018-2020 Business Plan was written, and the directions identified by the school were endorsed by the review team. These include the implementation of consistent behaviour management strategies, a review of the school's timetable and the outlining of a school-wide approach to quality teaching. I would like to acknowledge and thank the large number of staff, student and parents who met with the review team last term.

Centenary Planning

The staff, students and Alumni are busy planning events to celebrate our centenary in August. There will be a school open day on Thursday 2 August, when regular classes will be suspended, and students will not be required to attend. There will be displays, activities, performances and tours that will highlight 100 years of the school, involving a large number of students, as well as staff and community members. The Minister of Education will attend the official opening. All families are invited to join in the events commemorating the centenary of ASHS.

Habits for Success

Research demonstrates when behaviour becomes a habit, it is a sustainable change. In education study habits that occur, daily and weekly are the key to students achieving success. Parents often ask, "how I can help my child". Here are some tips

- develop routines at home, (eat, sleep, study, sport)
- help your student set up a plan of what and when
- study means more than doing questions, writing a summary, doing a mind map of key ideas, using a word to jog major points are all helpful, and
- It's OK to ask what or why, because if your child can explain it to you, it is more powerful than simple recall.

Recent Events

The school is always busy with activities to encourage, motive and inspire students. At the end of last term, we had a student-led Anzac service, the school ball, a parent forum on Youth allowance for university students, the prefect's participation in the town Anzac events and the parent-teacher night. More details and photos are later in the newsletter.



JENNY FIRTH PRINCIPAL

DEPUTY PRINCIPAL'S REPORT

Centenary

As our Centenary celebrations approach, there is a great deal of work happening behind the scenes.

1. Centenary Boronia

We have met with the publishers, and significant work has been undertaken on completing this. The Centenary Boronia will be hardcover and available for sale during Centenary celebrations. Current and ex-students are undertaking this work, admirably. Our publisher is impressed with work done, layout and inclusions planned.

2. Open Day

ASHS Staff have completed planning for Open Day activities. An overview has been developed and will continue to be worked on to deliver the day. Key highlights include:

- Digital History Walk.
- Official opening at 11am The Minister for Education and Training, Mayor, Chair of School Board and other invited guests.
- Tours of the school
- · A cafeteria will be open for guests
- Uniform display
- · Bus to pick up the community at designated times to save traffic congestion
- Decade overviews
- That was then, this is now contrasting classrooms from the past with the present
- Learning area displays: Outdoor Ed & Marine and maritime, 3D printing, photography, jewellery, art exhibition, quizzes, chemistry demonstrations, microscopy activities, DNA extraction, technology, and netting demonstrations at the yacht club 10-2pm.
- · ASHS building plans and school merchandise
- · Alumni sign up table

3. Hong Kong reunion

Work underway for this to occur – previous students of the Hong Kong program are invited to lunch at HYBLA.

4. Music performance

Hosted at the AEC, a significant production showcasing ASHS music with students, current and past, featuring in performances.

5. Centenary Ball

Has been costed, and an overview of the event developed. Tickets will be sold online via Ticketek and include a delicious cocktail menu, tea, coffee, soft drink and a limited edition Centenary pin.

Thanks to everyone for work undertaken so far.

All profit from any Centenary event will be directed to the School Building Fund.



DEPUTY PRINCIPAL'S REPORT cont.

NAPLAN

Congratulations to all students in completing NAPLAN this year. While there can often be strong views on this testing, it's important for students to try their best and view it as school work. NAPLAN gives teachers good feedback about where students are at and how to best support, improve and enrich their classes. Next year, ASHS will move to online NAPLAN testing. Last year we carried out a trial, and next year we will undertake the testing in an online environment. This will mean the tests will occur



over a longer period, rather than the current week. Students will need to bring their headphones for this.

NAIDOC

This years NAIDOC theme, "Because of her, we can" celebrates the essential role that women have played – and continue to play – as active and significant role models at the community, local, state and national levels.

At ASHS, we will celebrate NAIDOC during week 8 of this term. There will be an exhibition of student art work, available for viewing through the week. An exciting new development this year will be the NAIDOC festival whereby, in addition to showcasing some fabulous student performance, local agencies will be invited in to have information stalls available for students to peruse information. Further details of who will be available closer to the date. Back by popular demand will be the basketball game. Coordinated by our Certificate 2 Sport and Recreation students, ASHS will invite NASHS, Denmark and Mt Barker to an afternoon of basketball at ALAC.

Monday

TuesdayGreat Southern
Basketball competition

Wednesday NAIDOC lunchtime festival with student bands Thursday NAIDOC and Country Week Assembly **Friday**

ALUMNI

Donations

A number of donations have been sent in to the school over the past months, and we are extremely grateful for the communities generosity. Amongst the donations are a number of Boronia's, school uniforms and information on past students. One of the interesting donations is by Edith Holmes (nee Hansen) who attended AHS in 1942 and 1943. Edith lives in Sydney and sent through detailed information of her past husband Austin Stewart Holmes (1924-1986), who was our Head Boy in 1941. Austin received an OBE for services to Australia, having a profound impact on economic policy in the Reserve Bank and elsewhere.

As the school has limited capacity for storage, if you would like to donate memorabilia of significance to the school, please contact Peta Harrison on 98410455 to arrange a suitable time to meet.



Austin Stewart Holmes 1924 - 1986



STUDENT SERVICES

ANZAC Day

ASHS students participated in a remembrance service on Thursday April 12 with the Prefects running the ceremony.

Prefects attended the Dawn Service at Mt Clarence on April 25 and together with Student Leaders from Years 8-11 participated in the march and attended the Anzac Albany Community Service.



Year 12 Prefects with Head Girl and Head Boy Christine & Jarah



Year 12 Prefects



The Last Post played by Bryce



Year 12 Prefects meeting with the Premier of Western Australia Hon. Mark McGowan MLA



Year 12 Prefects

STUDENT SERVICES cont.

Attendance

I am pleased to note, that the attendance rate in Term 1, school-wide, has averaged above 90%. This is a fantastic effort. Historically, attendance does begin to drop off during Terms 2 and 3, and I would like to ask that all students make an extra effort to maintain this high attendance rate as the weather cools off and days get shorter.

I would like to remind parents and carers that absences need to be authorised, which means parents have provided a reason for any absences, this can be done via phone call, reply to SMS, a note or medical certificate explaining the absence.

Attendance can also impact on student Good Standing.

The Good Standing Policy has recently been reviewed with the following amendment:

Attendance

Students with attendance below 90% without an authorised reason, codes U, X, T, or K, will have a negative attendance entry entered weekly if no targeted improvement has been made. Five attendance entries over a term can result in loss of Good Standing.

Students who maintain attendance at 90% or above will again go into the raffle at the end of the term.

Congratulations to the following students who were winners of the Term 1 Attendance Raffle:

Year 7 – Jessica Gallagher

Year 8 - Cheyanne Caley

Year 9 - Oliver Lloyd-Woods

Year 10 – Jodie Wassink

These students received a movie ticket, drink and popcorn.



Term 1 Attendance Winners Jodie, Cheyanne, Jessica, Oliver

STUDENT SERVICES cont.

School Uniform

With the cooler weather upon us, students are reminded that hoodies and jumpers/jackets that are not ASHS school uniform are not permitted. Jeans and leggings are also not considered school uniform.

In Student Services, we endeavour to assist by providing students in need some uniform items. We have very limited stock and would gladly accept any donations of second-hand uniforms that your child may have grown out of so that we can provide items for those students in need.









Permapleat Uniform Shop at ASHS

For all your uniform needs Opening hours and contact details:

Tuesday 1.00 pm - 4.00 pm Wednesday 1.00 pm - 4.00 pm Phone: 9841 0962

http://albanyseniorhighschool.permapleat.com.au/shop/albany.uniforms@permapleat.com.au

2018/2019 Student Leaders Years 7-10

Year Coordinators are currently calling for nominations for 2018/2019 Student Leaders. Should your child wish to nominate, they will be required to fill in a nomination form that is to be returned to their Year Coordinator. Nomination forms can be collected from Student Services.

2018/2019 Prefects

Information in relation to Prefect elections for 2019 is on Connect. Students are required to complete a nomination form along with writing a profile.

Study Skills Seminars

Mrs Findlay will be running Study Skills Seminars for Year 11 students, beginning Week 7. These will take place on Thursday afternoon. Please see Connect for more information.

Year 10-11 Subject Selections

Year 10 students have now received their 2019 subject selection information.

Mr Mounsey, Mr Longworth and Ms Heinrich will be available for subject selection meetings from: 28 May – 15 June.

Please contact the administration office on 9841 0444 to make an appointment.

STUDENT SERVICES cont.

Year 11 and 12 Examinations

Year 12 Exams are scheduled 25 May – 1 June

Year 11 Exams are scheduled 31 May – 7 June

Students must have their timetable in their possession when they attend their exam. These have been distributed already.

All exams will take place in the Youth Centre.

Students who study 4 or more ATAR subjects are only required to attend school during their timetabled exams.

Those with 3 or less exams are expected to attend usual classes except on the day/s when they have timetabled exams, on these days, students are only required to attend at the time of their exam.



Lions Cancer Institute Fundraiser



The Year 8 Student Leaders will be holding a fundraising event with funds going to provide a day out for children with cancer.

There will be a free dress day on June 15. Students in free dress will be required to make a gold coin donation.

P&C NEWS



ASHS P&C are pleased to announce that we have elected Naomi Boccamazzo as President of the P&C for 2018.

Tuesday night's meeting was very productive, and we are excited to be able to support projects that benefit ASHS students. We thank Janice Ford for her extra work to keep the P&C running as she steps down from Vice President role to Executive Committee member. We continue to need more support from ASHS parents and community.

Please come along to the next meeting on Tuesday, 19 June at 7 pm in the staffroom. Contact via email: ashs.pandc@gmail.com.

Ms Michelle Gust, Vice President

CHAPLAIN'S CHAT

"I love your accent."

Hi, I'm Jennifer, the new chaplain at ASHS. I started at the beginning of Term 2 and am enjoying getting to know the students and the staff. I've heard a lot of "oh, I love your accent...." as I moved to Australia from the USA four years ago. So if your child comes home with a vast knowledge of American fast food/culture or saying y'all, you will understand why. My background is in Psychology and Sociology, and I was a chaplain for two years at a school in Albany before moving over to ASHS. I am looking forward to supporting the community of ASHS in my role. I am in the office full-time Monday-Friday. If you need to get in touch, contact me via Student Services.

Ms Jennifer Wingard

CROSS COUNTRY

School

The results from the ASHS Cross Country held on Tuesday 8 May 2018 is as follows:

	CHAMPION	RUNNER-UP
Year 7 Girls	Jaimie Miller	Rania Bell
Year 7 Boys	Lachlan Cale	Harry Knowlson
Year 8 Girls	Leah Mannes	Josie Staude
Year 8 Boys	Malachi Stanton	Saxon Henrickson
Year 9 Girls	Lily Minter	Aaliyah Ford
Year 9 Boys	Callum Jones	Deacon Houghton
Year 10 Girls	Kylie Ferrell	Holly Minter
Year 10 Boys	Heath Brown	Jacob Murray
Year 11 Girls	Pemba Spargo	Alicia Lombardo
Year 11 Boys	Patrick Webster	Taj Stubber
Year 12 Girls	Christine Murray	Sophie McDonald
Year 12 Boys	Tom Wolfe	Mitchell Jones

Interschool

The Interschool Cross Country was a tiring, challenging day, but it was a lot of fun and a great experience. The event was held at Great Southern Grammar, with students from seven schools from the Great Southern Region participating. The Year 7-9 students ran 3km, while the Year 10-12's ran an excruciating 6km. Although the course was relatively flat, there were a few obstacles like logs and rocks which made it interesting and fun.

A big highlight of the day was seeing Christine Murray, and Sophie McDonald finish 1st and 2nd respectively. These Year 12 girls had finished in one of these positions since 2010 when they were in Year 4. It was pretty inspiring to see them receive their medals for the last time.

A big thank you goes out to Mrs Fox, Mr Ritchie and Tiarna for supporting us and getting us to the event. Your enthusiasm was infectious, and we could not have done it without you.

72 students were selected to be part of the ASHS squad. Unfortunately, due to a couple of students being ill or injured on the day and some students failing to take up the opportunity, we only ended up with 58 runners. This impacted on our overall results on the day. Those that ran did so fantastically, with some outstanding individual achievements on the day which are listed below.

Year 8 Girls Runner-up: Leah Mannes	Year 12 Girls Runner-up: Sophie McDonald
Year 9 Boys Runner-up: Callum Jones	Year 12 Girls Champion: Christine Murray
Year 9 Boys Champion: Deacon Houghton	Year 12 Boys Runner-up: Mitchell Jones
Year 10 Girls Runner-up: Kylie Ferrell	Year 12 Boys Champion: Tom Wolfe

ASHS placed third in the Middle School division, second in the Senior School division and third overall on 883 pts, behind Great Southern Grammar on 969 points and North Albany 1019 points.

Ms Indigo Bew



AFL SENIOR BOYS FOOTBALL CARNIVAL

On Wednesday 11 April Albany Senior High School's AFL boys travelled to Centennial Oval to take on North Albany Senior High School (NASHS), Saint Joseph's College and Great Southern Grammar for local bragging rights.

Despite some overnight rain, the ovals were in good condition. However, there was a strong southerly breeze blowing down the ground, which made conditions a little tricky. The ASHS boys faced a talented NASHS line up in their first game and were forced to kick into the breeze. ASHS were able to use their kicking skills and running ability to work the ball into the breeze and build a handy lead. Unfortunately, there was an accidental head clash shortly before halftime which left ASHS player, Shane Buss, with a bleeding nose and a NASHS playing having to be transported to the hospital with a suspected concussion (thankfully the NASHS student has made a full recovery). The remainder of the game was abandoned, and ASHS was awarded the win due to being in front.

In the second game, ASHS faced Saint Joseph's College and again started the game kicking into the breeze. The boys showed superior teamwork to come away with a strong victory.

The final game against Great Southern Grammar was a must win, as NASHS had rebounded strongly to beat Grammar and were expected to win their fixture against St Joseph's. Therefore if ASHS lost it would leave both teams on two wins and superior percentage would decide the final outcome. For the third match in a row ASHS kicked into the breeze, and despite being inaccurate in front of goals, the boys came away victorious 4 goals 10 points to 2 points.

Shane Buss was awarded the ASHS best player for the day after overcoming his earlier head clash to kick several important running goals. Thankfully there were no further injuries, and the boys will continue to train hard as they build toward Country Week.

Mr Stuart Myers (Coach)









BENDIGO CUP NETBALL CARNIVAL

This year the 2018 Bendigo Cup Netball Competition was held in Katanning on Thursday 10 May. We had four teams entered into the competition; taking away a Year 7/8 girls, 9/10 girls and boys and this year's Country Week team. We also had an awesome group of umpiring/coaching students and Mr Matson, who came along for the ride.

There were so many teams entered into the lower school girls age group, that there had to be four pools! Our year 7/8 girls, led by Laura Mckenney and Lily Shepard, played three fixtured games against Jerramungup, NASHS and Narrogin, finishing undefeated! Next, they had to play a crossover game against Denmark to get into the grand final.... Which they won! The grand final was between ASHS and NASHS, nothing like a bit a hometown rivalry! With only three goals separating the two teams in the end, ASHS were the victors! Well done girls and well done Tahlia Masters who did a fantastic job as their umpire.



Year 7/8 - Lower School Girls Jorja, Mackenzie, Amity, Charlotte Charlie, Fox, Devon, Georgie

Year 9/10 - Middle School Girls Indianna, Valerie, Indigo, Laura, Hayley, Maddison, Tayesha, Holly, Emily, Shianne (Coach)

The middle school girls age group was popular as well,

resulting in two pools. During the day, our 9/10 girls played Narrogin, NASHS, Boddington, Katanning and Bethel in the fixtured games. After finishing with just one loss, the girls only just missed out on playing in the grand final. Awesome effort after a long day. Shianne Arthur did an amazing job in coaching the young ladies as did Maddy Deal with the umpiring.

The middle school boys played five fixtured games against Katanning, Bethel, NASHS, Mount Barker and Jerramungup. After getting into the swing and adapting to the netball rules, the year 9/10 boys had two wins throughout the day against

Katanning and Jerramungup. The games against Bethel, NASHS and Mount Barker were all nail-biters, with each margin only being one point in the end! Excellent job lads, coach Tiarna Delli-Benedetti and team umpire Amy Alaouze.

Year 9/10 - Middle School Boys Darcy, Finn, Josh, Kyle, James, Deacon, Finlay, Jarrod

Our Country Week team were entered into the upper school girls division. There was only the one pool, and the girls played Great



2018 Country Week Girls Jenaya, Nardia, Sascha, Narelle, Bree, Celeste, Ebony, Maddy, Kayla

Southern Grammar, Katanning, St

Josephs, NASHS and Denmark during the fixtured games. The girls proved very talented and tall against the other teams and finished undefeated. St Josephs finished second but lost a strong defender in their last fixtured game which didn't help going into the final. ASHS finished strong and won the grand final by 10 goals. Well done girls and Alyssa Ward for umpiring some tough games!

Overall, we had a fantastic day in Katanning. All of the students had a great time and represented ASHS amazingly!

The level of respect and sportsmanship was second to none! Well done ASHS.

2018 SCHOOL BALL

On 7 April 2018, the annual Albany Senior High School ball returned for the first time in over 20 years to the Centennial precinct. Granted the last ball held there in 1996, like many before, was held in the old show hall. The 2018 event saw the first school ball held in the new stadium facilities, which were sensational.

After months of careful planning, and the last few days of careful panicking (by me!) the Gala event came together with remarkable smoothness and stunning result. The prefect bodies "Ball





Committee" did a truly fantastic job of organising the theme, catering, photography, music and running of the evening. With over 240 people in attendance, the event was the biggest school ball held in recent years.

With 2018 being ASHS 100th year, the selection of the early 1920's theme was perfect, accurately allowing the students freedom to embellish the formal attire of the era as well as backing up the glamour of some of the dresses/frocks worn.

A great evening was had by all guests, both staff and students, culminating in the awards of the evening being taken out by some outstanding dancers, dressers, groovers and couples.

Best Dancer: Cleon Baker Life of the Party: Gemma Black

Best Couple: Riley Newman & Maddi Perez

Belle of the Ball: Kiera Yzerman Beau of the Ball: Nic Finlay

A very large thank you must go to all service providers, particularly the Centennial Stadium staff for their efforts in making the evening so special.

Additionally, the prefect body would like to thank the ASHS students for their enthusiastic attitude towards the event and in particular their extremely mature and fun loving participation on the evening. It made me extremely proud to be your year coordinator.

Mr Andrew McWhirter



2018 SCHOOL BALL cont.



HONG KONG MOVIE NIGHT FUNDRAISER

The 2018 Hong Kong work experience participants would like to invite you to come and view the new movie BREATH by Tim Winton at Orana Cinemas on Monday 4 June at 6.00pm. This movie was filmed locally around the Denmark and Albany area and features both our school and ASHS students. We would greatly appreciate your support in helping us fundraise towards our excursion.

This movie has been rated M and is not suitable for younger students, however parents are welcome.

Tickets are \$25 and include a small drink and popcorn.

These can be bought at lunchtime from the canteen on Monday and Thursday next week or from the following Year 12 students: Lawson Terpstra, Hugh Hudson, Emily Turner and Shaan Wood.

Alternatively, see Mr Lucas or Mrs Turner in the HASS office.

On Sunday 27 May we will also be holding a sausage sizzle at Bunnings.



YEAR 7 - FOODS AND TEXTILES AND YEAR 8 WHAT'S COOKING

Students have been busy learning new skills and developing confidence in using them to produce a variety of items that they have designed themselves. Late in Term 1, the Introductory Foods classes completed their first major task which was to create their own healthy breakfast dish which they would consider making before coming to school.









The Introductory Textiles students have completed a plethora of pretty pincushions and created a pack of 'monsters' in Term 1. They are now in the process of learning about tie-dyeing and using sun radiance dyes (which will be used to make drawstring bags this term).





The Year 8 students have been honing their skills learned in Year 7, and their major task for Term 1 involved them trialling and then creating a vegetable wrap.

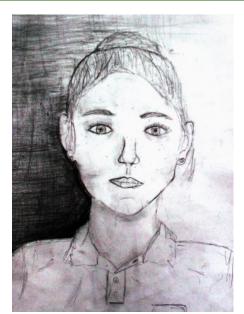
Ms Marie Nilsson



YEAR 8 - VISUAL ART - PORTRAITURE







Georgia

This semester students began Visual Art with an introduction to analytical drawing skills by studying a variety of subject matter such as still life, native animals, and portraiture. Students amazed me with their dedication to refining their ability to draw a portrait. They applied a great deal of concentration to correcting the shape and proportions of facial features, then enhancing drawings with contrasting tonal gradations to create the illusion of form and depth. We are now turning talents to the imagination with students recreating their memories and stories under the influence of Australian authors, artists and illustrators; Sally Morgan and Bronwyn Bancroft, with students illustrations becoming part of Naidoc Week celebrations.

Ms Andrea Totten











Jasmine

YEAR 8 - CELL MODEL MAKING

Year 8 classes have all been studying cell structure as a part of their biology education. Proudly displayed here are some of Mrs Brothers students showing cell models which they made as part of their learning experience.

















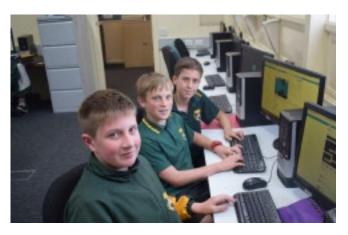




YEAR 8 - TECHNOLOGIES

Year 8 Digital Technology classes have been learning about networks, data representation, the internet and programming. Here are some students from Ms Jackson's class developing Scratch games incorporating sprite control and collision detections.





Students have also been busy in other areas learning and developing new skills to produce interesting and creative dishes and jewellery, as well as learning the ins and outs of welding and repairing cars.





















YEAR 10 - ADVANCED CLAYWORKS AND SCULPTURE

The Year 10 Clayworks students have been working with an Aboriginal Art theme this semester and are just putting some final touches to their lidded pots. Inspired by the Hermannsburg Potters from central Australia, students were required to create the pot form using coils, as do the Hermannsburg Potters, and the figure/object on the lid with appropriate additive and subtractive hand building techniques.

The design on the base of the pot was based on something from the natural environment that inspired the student or represented something that they enjoy doing; hence the large collection of dirt bikes and beaches! As an added challenge the students also had to incorporate what they learned about perspective to try and create an illusion of space and depth in their design.











We hope to have the finished pots on display in the school library and arts building during NAIDOC week.

Ms Melissa Daw

YEAR 10 - VISUAL ART

In this course, we have been studying the local environment as a source of inspiration to create a landscape drawing using dry pastel. Exploring contrasting mark making, foreground interest and depth and atmospheric perspective students recreated scenery of Little Beach, Elephant Rocks and Greens Pool. Students are using these drawings to now create an artwork that responds to an array of local and global environmental issues. I am sure they will look as stunning as these very successful drawings.

Ms Andrea Totten















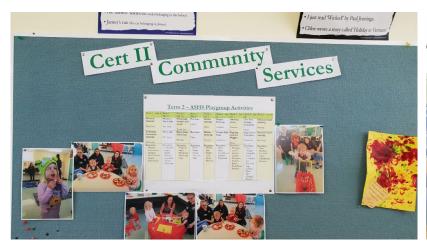


YEAR 11 - COMMUNITY SERVICES PLAYGROUP

The first two playgroups have been a great success, and we are looking forward to this week, where we are set to have double the number of children attend and so double the fun!

Photos include children involved in their Mother's Day card making, eating lunch and playing dress up. The first is our playgroup program of events to come and our display board as a work in progress.

Ms Pia Gray













COMMUNITY NEWS

Parenting Webinar LIVE with Michael Hawton

Talk Less Listen More offers parents simple and practical strategies that will make a BIG difference to children's behaviour by teaching them to develop self-control and resilience. We are running a live webinar with Michael Hawton for parents all over Australia. If you know of any parents who would benefit from this, you can download the flier to place in your school, centre or organisation here. For more information and to enrol visit the website here.

This course is excellent for:

- Parents to integrate school based learning at home when children receive clear, consistent messages and
 a predictable and effective response to behavioural issues by all adults within school, early learning and at
 home, it is more likely to achieve positive outcomes
- Parents with an urgent need for behavioural management support such as parents of children facing disciplinary action including suspension or expulsion
- Parents with access, support or mobility issues
- Fathers, who are 8 times more likely to do an online course than attend a community-based program with their partner



Talk Less Listen More Affiliate Program

Become an affiliate partner with Parentshop and earn commission for your school, centre or organisation. Simply email your request to admin@parentshop.com.au and we will set you up with a partner portal where you can download your tracking link, resources and view your account balance.



Talk Less Listen More™ LIVE



with Michael Hawton

The simple and effective solution for managing children's difficult behaviour (2-12 years old)

LIVE Parenting Webinar

Michael Hawton's parenting courses are ranked in the top 3 programs taught in Australia. Join Michael Hawton in this parenting program where you can learn simple, practical strategies that will make a BIG difference to your child's behaviour by teaching them to develop self-control and resilience.

Session 1: Thursday 14th June 6:30pm - 8:30pm AEST

Session 2: Thursday 21st June 6:30pm - 8:30pm AEST

Session 3: Thursday 28th June 6:30pm - 8:30pm AEST



ENROL NOW

www.parentshop.com.au/talk-less-listen-more-live

Over 3 week-by-week sessions you will learn to:

- Help kids learn not to overreact.
- Build kids' emotional maturity and resilience to improve their success at school.
- Improve your confidence as a parent and reduce conflict.

Win 2 nights accommodation in Byron Bay

3x accommodation packages to be won

"It has made a big difference to how I parent my toddler and I have seen a vast improvement in his behaviour." Johanna Mortoy, Aussia Mare Network

Join over 110,000 parents who have already participated in our courses

Recommended by child & family specialists













Telescopes Under
The Stars

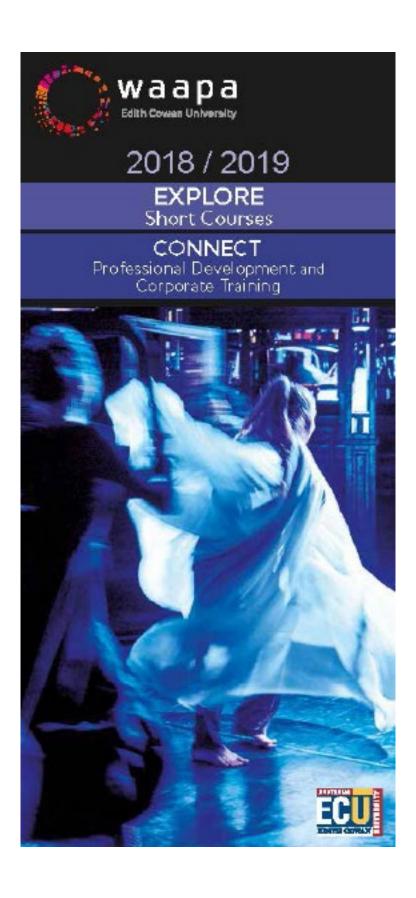
Princess Royal Fortress (Albany Forts)
Mt Clarence, Albany

Friday 25th May 2018 7.30pm – 9.30pm A FREE EVENT

Experience Western Australia's amazing night sky as Perth Observatory and their telescopes come down to Albany. The Perth Observatory volunteers will take you on a grand tour of the Southern Hemisphere's sky with a guided sky talk and showing stellar objects including nebulas, dying stars, enormous star clusters and planets. So rug up and get inspired by our amazing universe.

WAAPA/ECU

These July school holidays WAAPA/ECU is offering drama classes for children in years 1 to 12. For more information visit http://www.waapa.ecu.edu.au.



Albany Athletics Club

White Winter Cross Country running programme is commencing at Lake Seppings on Aprill 22. Try it for \$2 for a day membership. Get all members of your family involved in fun and healthy exercise. For more information telephone 9844 7377 or go to http://www.albanyaths.myclub.org.au/6.htm.



SEASON IS COMING!

2Km, 4Km or 6Km Options 10am Sunday Mornings Various Trails around Albany & Denmark Free Membership for Little Athletics Members All Ages, All Abilities Welcome JOIN NOW for \$40

Albany Albany Roller Derby

Details on the Junior Roller Skate and Skate Like a Girl Programs can be located at http://albanyrollerderby.com. au/ or by calling Natalie Jarvis on 0412 557 257.



Your Space

A group for teens in Year 7, 8 & 9

If you are a teen and have a parent or older sibling with mental illness and would like some extra support and a safe place to talk about this, then "Your Space" may be a group for you!

Your Space offers a safe, confidential space for young teens to receive psychological help and support in living with a parent or sibling with mental illness such as depression, anxiety, psychosis, schizophrenia and bipolar disorder. You do not have to be living with your family to attend this group but do need consent to attend from your parent, guardian or carer.

This group is only for teens, not parents or carers. It is limited to 8-10 participants. It is confidential.

The sessions will talk about mental health education and coping strategies, use art and music for creative expression as well as connect with other youth who have similar experiences. A fun afternoon at the Bowling Alley will be included on the last day.

Students attending during school hours will be given attendance for school and the school will support this.

Dates: Term 2, 2018

Times: 12 noon to 3pm.

Tuesday 5th, Tuesday 12th and Tuesday 19th June.

Location: Amity Health, 136 Lockyer Avenue, Albany.

Free Lunch and snacks provided. If needed, transport can be provided from school.

If interested, call Danita Walsh at Amity Health on 9842 2797 or ask your school counsellor or year Coordinator to contact us!

Amity Health, 4 Families, Relationships Australia and Carers WA acknowledge WA Primary Health Alliance (WAPHA) for providing funding in its role as the operator of the Country WA PHN.









SCHOOL CONTACT INFORMATION

SCHOOL CONTACT DETAILS

Telephone

9841 0444

Postal Address

Albany Senior High School 1 Campbell Road ALBANY WA 6330

Enquiries & Absentees Email

albany.shs.enquiries@education wa.edu.au

Absentees SMS

0400 204440 (text only - no calls)

Accounts Bank Details

Commonwealth Bank – Albany Account: Albany Senior High School

BSB: 066 500

Account No: 009 000 88

Please remember to include your child's student number as the reference. **SCHOOL CONTACTS**

Administration

Principal Mrs Jenny Firth

Deputy Principals Year

Ms Sara Garcia-Perlines 7,8 & 9 Year 10, 11 & 12 Mr Steve Mounsey

Year Coordinators

Year 7 Ms Kassie Miller Year 8 Mrs Pia Grav Year 9 Mr Mal Ellis

Year 10 Mr Barry Longworth Year 11 Mrs Angela Findlay Year 12 Mr Andrew McWhirter

Attendance Officer 9841 0419 or 9841 0417

Mr Dave McComb

Program Coorindator Ms Dianne Heinrich

Student Services **Program Coordinator**

Engagement

Chaplain Ms Jennifer Wingaard **Psychologist** Ms Bree Crockett **School Nurse** Ms Helen Perry **AIEO** Ms Marg James

Ms Mandi Khan **AIEO**

ASHS ALUMNI

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Are you a past staff member or student of ASHS? You can register as an ASHS Alumni online at http://www.albanyshs.wa.edu.au/page/15/Alumni, and follow the link on Alumni tab. After registering, we verify your details and email you a link to join the ASHS Alumni Facebook Page; or if you would rather, just receive updates by your preferred contact method.

You can also email albanyshsalumni@gmail.com, or post to ASHS Alumni, 1 Campbell Road, Albany 6330.

Please share this information with those people whom you know are past members of the school community.

JENNY JACKSON ALUMNI COMMITTEE







Albany Senior High School Celebrating 100 Years of Quality Education