

ALBANY SENIOR HIGH SCHOOL



NEWSLETTER

VOLUME 4 – 21 June 2019



FROM THE PRINCIPAL

Mobile phones

Teaching adolescents appropriate use of mobile phones is ongoing and at times, challenging. **Our school policy is clear that Mobile Phones should be off (or on silent) and out of sight as students enter a class.** Earphones should also be out of sight in the classroom.

There is a place for mobile phones in the classroom, **under the direction of the teacher.** Examples of where they are extremely useful are as a scientific calculator, stopwatch, reminder for tasks to complete, calendar for events, a compass for mapping, photo of timetable ... As an educational organisation teaching students how to effectively use their phones in the context of learning is important. It is also important to know there are times when it is not appropriate to be on the phone, e.g. driving and while at work.

Parents can assist us by reinforcing and reminding students of the school's policy at home. Perhaps practising no phones at the dinner table or similar family occasions would help students code-switch between when it is acceptable, and when not, to use their phone.

As a parent, contacting your child by their phone is important to you as well. Assume it is turned off in class time and if you need to contact your child urgently, please do so via the school's main reception.

Uniform Steering Committee

The Uniform Steering Committee has been convened to follow up feedback from staff, students and parents in relation to items on the school uniform list. This committee will report to the school leadership group and School Board to inform the School Dress Policy, in preparation for the next five-year contract for school uniform supplier commencing mid-2020. This committee has School Board, staff, student and P&C representatives. After the first meeting, members are following up options for the sports shirt and track jacket for them to consult with students and staff. When this has been refined, a display will be in place for the whole school community to view and provide feedback.

Car parking news

The lobbying by Albany SHS and Albany Primary School has successfully resulted in funding for additional parking spaces for the school precinct. There are plans being actioned to create additional parking spaces at the corner of Middleton Road and Campbell Road near the existing Youth Centre. This would link to the crosswalk access to the primary school and existing footpaths to the high school.

Student arrival time

I am seeking support of parents in not dropping off students early in the morning, unless they have a supervised activity, for example Country Week training. In primary school, parents are asked not to drop off students prior to 8.30 am as they are not supervised. This is the same situation for high school. Staff coming to school have reported students walking towards town, not towards school. Please remind your student to stay on the school site or alternatively drop them at another suitable location.



Jenny Firth
PRINCIPAL

Albany Senior High School NAIDOC WEEK 2019

VOICE
TREATY
TRUTH

25 June Basketball@ASHS

26 June NAIDOC festival

28 June NAIDOC assembly



VOICE
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TRUTH
JULY 2019
Let's work together for a shared future.

naidoc.org.au

NAIDOC Week 2019

NAIDOC Week 2019 invites you to walk in a movement for a better future. For generations, Aboriginal and Torres Strait Islander peoples have sought recognition of our unique place in Australian history and society today as the oldest continuing culture on the planet.

Early dawn light rises over Uluru, symbolising our continued spiritual and cultural connection to the land. Our message, delivered through generations, is echoed throughout the land: hear our voice and recognise our truth.

Uluru: Welcome to Country, Australia

#NAIDOC2019 #VoiceTreatyTruth

[Facebook: NAIDOC](https://www.facebook.com/NAIDOC) [Instagram: @naidocweek](https://www.instagram.com/naidocweek) [YouTube: @naidocweek](https://www.youtube.com/naidocweek)

FROM THE DEPUTY Continued ...

Six Ways to Raise a Resilient Child

Want to help your children deal with stress and adversity? It's easier than you think and can help our children navigate the stresses of daily life. While we may not be able to remove all their challenges, we can help them build resilience - the ability to overcome difficult experiences and be shaped positively by them. Our brains respond to the information around us, so resilience can be taught, modelled and nurtured at any age.

Have one-on-one time with each child, without distractions.

Resilience comes from relationships; children need nurturing. It's not a magical inner strength that helps kids through tough times; instead, it's the reliable presence of one, supportive relationship, be it parent, teacher, relative or family friend. It's quality, not quantity that counts. Ten minutes of fully focused attention is better than an hour when your mind is on other things. If you're on your phone at the dinner table, you're teaching them it's OK to always be distracted. And that they are not important enough for your sole attention. Make bath-time, car journeys, meals, queues count. Chat, listen, talk about your feelings and encourage them to express theirs. Once these one-to-ones become regular, your children will know they always have a safe space to open up.

Give sleep a chance.

Lack of good-quality sleep is a huge driver for stress: it has a negative effect on memory, concentration, cognitive function, and decision-making.

One of the fastest ways to improve sleep is to limit screen time before bed. Issue a household ban on devices at least an hour before bedtime. Turn off the wifi, if need be. Earlier in the evening, insist everyone uses night-time mode on their devices, which swaps the blue light for a warmer glow. It's also worth switching your children's night lights to red ones as red has the least impact on melatonin production.

Get out and exercise.

As well as keeping them physically fit, exercise will increase children's resilience. It actually strengthens the brain. Regular physical activity teaches our stress-response system to recover more efficiently. Put on the radio before dinner and dance around in the kitchen. Join your kids doing squats, star jumps, bear crawls or frog hops. Walk the dog together or go for a family bicycle ride.

Teach delayed gratification.

Resilience means understanding you can't always have what you want as soon as you want it. It's an important concept to pass on in the age of Amazon Prime, Spotify, Netflix and Uber. Psychology teaches us that people who can accept delayed gratification lead happier, healthier lives. Without the ability to defer pleasure and reward, our kids are losing an important skill for their wellbeing.

One of the best ways to teach it? Playing board games. These require impulse control, turn-taking, and mental flexibility. They exercise the prefrontal cortex, the rational part of the brain involved in decision-making, emotional regulation and, yes, resilience. Board games are also a good way for you to model resilience by being a good loser.

But there are no shortage of other ways to encourage delayed gratification: learning a musical instrument; listening to whole albums instead of skipping from track to track online; mastering a new sport; even watching a TV series together week by week, instead of bingeing in a couple of sittings.

Eat the alphabet

Nutrition has a significant impact on mental health. Good-quality food changes the composition of our gut bugs, which helps send calm signals to the brain. Poor-quality, highly processed food sends stress signals instead. A diverse diet, rich in fibre, will lead to greater diversity in our gut bugs, which in turn will help make us more resilient, and anxiety and depression less likely. Persuading kids to eat more healthily can feel like an uphill battle, though, especially if they're fussy, so this is not about becoming a top chef – just trying a few tricks that can really benefit them emotionally.

I like to challenge the whole family to "eat the alphabet" over 30 days. I think it's a realistic goal to consume 26 different plant foods in a month: A for asparagus, B for banana, C for chickpeas, and so on. It turns healthy eating into a game, and encourages children to try new foods. Turn it into a competition and see who can tick off all the letters first.

Model gratitude

Instead of pestering your children with questions such as, "How was school?" and, "What did you do today?", teach them to reframe their day.

The following is a game I learned from a friend, who played it with his daughter over dinner. Everyone must answer three questions:

FROM THE DEPUTY Continued ...

- 1) What did someone do today to make you happy?
- 2) What did you do to make someone else happy?
- 3) What have you learned today?

I love this simple exercise for how it helps us all find the positive in every day. It teaches gratitude, nurtures optimism, and recognises kindness. It doesn't matter what may have happened at work or school, or how stressed any of us may have felt when we sat down at the table; the whole mood seems to lift once we've played this game. I learn things about my kids that they'd probably never have thought to tell me otherwise. Try it. It might just become the highlight of your day.

Acknowledgement: Dr Rangan Chatterjee, author of the Stress Solution

Sara Garcia Perlines
DEPUTY PRINCIPAL



STUDENT SERVICES

Exams

Year 11 and 12 ATAR students have just completed their Semester 1 exams and are now beginning Semester 2 studies. Year Coordinators are currently reviewing results to ensure that students are on track for achieving their WACE at the completion of Year 12. If students are of considerable concern parents will be called in to meet to discuss the best option for their child.

Student Leadership

Year Coordinators are currently working on nominations and elections of student leaders. New student leaders will be announced and commence their duties at the beginning of Term 3. Thanks go out to the student leaders who are completing their role and best wishes to those who get elected for 2019/20.

The incoming student leadership group will be invited to attend a leadership day that will occur in August to develop the new team and put plans in place for their year as student leaders.

Uniform donations, please

In Student Services, we endeavour to assist students who for whatever reasons are unable to get to school in the correct uniform.

Our supply of uniform to loan out is dwindling.

Donations of any second-hand uniform that your student has outgrown will be gratefully accepted.

The Student Services team wish the Country Week squad all the best for the competition in Perth and hope that everyone has a relaxing, safe holiday ready to return fresh for Term 3.



Dianne Heinrich
PROGRAM COORDINATOR STUDENT SERVICES

WOOLWORTHS EARN AND LEARN PROGRAM

We are excited to be taking part in the 2019 Woolworths Earn & Learn program. During the previous campaign, we were able to purchase some great resources with the points we earned, thanks to you.

From now until 25 June 2019, you can collect stickers at Woolworths that go towards Earn & Learn points. For every \$10 you spend at Woolworths (excluding the purchase of tobacco, liquor and gift cards), you will receive a sticker. These stickers can then be given to your children to collect on a special sticker sheet. Once it is completed, they can simply bring it back here to school where there are collection boxes in Student Services and the Front Office. Alternatively, you can drop sticker sheets, or just the stickers, at the Dog Rock Woolworths collection box (not all stores in Albany have one of our boxes). The more points we earn, the more we can redeem from a choice of over 10,000 educational resources including mathematics and English resources, art & crafts materials and much, much more!

We are grateful for your support and look forward to a successful program. If you have any questions, please ask at school.



WORLDS GREATEST SHAVE

The World's Greatest Shave Hosted by ASHS Wednesday 23 May 2019

The 2019 Prefects chose to host The World's Greatest Shave and raise funds for Leukaemia and blood cancer research. Leukaemia, lymphoma and myeloma are types of blood cancer. Blood cancer and related disorders can develop in anyone, of any age, at any time.

Every day another 35 Australians are diagnosed with a blood cancer. That's one Aussie every 41 minutes.

Right now, more than 60,000 Australians are living with blood cancer or related disorders.

The prefects provided students with brightly coloured hair, and we had eleven volunteers for the shave! The response was amazing!

We raised \$180 at the school, as well as huge donations through the individual sponsorships which totalled nearly \$3000.

A big thank you goes to all the participants who shaved or offered to shave: Bobbie Tonkin, Tegan Castellaro, Taliyan Yarran, Willoe Hammond, Caitlin Liron, Druss Cekerevac, Charlie Leonard, Patrick Webster, Gabriel Webster, Benedict Webster and John-Paul Webster.

Thank you to Marlene at Hairscope in Spencer Park for her generous donation of hairdresser Rebecca, who sped through and accomplished nine head shaves in record time!

Thank you to Mr Arnold and the Popular Band students who provided the fabulous music while the shaving took place.

Well done to the Prefects Fundraising Committee for hosting a wonderful event.



Angela Findlay
YEAR 12 COORDINATOR



YEAR 7/8 AFL CARNIVAL

Year 7/8 AFL Carnival – 13 June 2019

This year the school was able to put together one team to compete in the annual Great Southern Interschool AFL carnival down at Centennial Stadium.

The team put in a very strong effort all day despite the wind and rain and was able to make it to the grand final undefeated. They showed dominant performances against Denmark, Great Southern Grammar (GSG), Mt Barker and NASHS. After a nail-biting after-the-siren win by Great Southern Grammar over Denmark to make the grand final, we were confident going to the big stage against GSG.

The boys put everything on the line and played a great style of footy to keep GSG to a very low score, and our forwards were able to kick multiple goals. Strong performances throughout the day from especially the younger Year 7 boys, showed a promising future for school AFL.

A big thank you needs to go to the Certificate II Sport and Recreation students who helped by umpiring all of the day's games, goal and boundary umpiring and running messages out to the players.



YEAR 10 ENTERTAINING WITH FOOD

Cancer Council Fundraiser

Students in both of the Year 10 Entertaining with Food classes have been busy learning about and preparing different types of share plates from around the world; everything from high tea to mezze to pintxos and antipasto. Each group had a different type of plate to research and then to find an appropriate recipe to be plated as part of the Cancer Council's Biggest Morning Tea fundraiser. The students in both classes did an outstanding job in how well they worked together to create a wonderful feast of finger foods. Thank you also goes to the staff that supported such a good cause; we raised a total of \$160.

Marie Nilsson
HOME ECONOMICS TEACHER



YEAR 10 ENTERTAINING WITH FOOD Continued ...

Cancer Council Fundraiser phtos continued ...



VISUAL ARTS

ASHS Orca Sculpture at Livelighter Welcoming the Whales Festival

For the greater good of art, ASHS students recently took part in cleaning Albany's beautiful beaches.

Taking part in this year's Livelighter Welcoming of the Whales Festival 2019 at Albany's Historic Whaling Station on Saturday 1 June, students embellished a wire sculpture of an Orca to be exhibited at the event.


Thank you to everyone who scoured Albany beaches collecting debris, we helped to protect marine life and create a great sculpture too! Thanks to Anne Hey for supplying one of the photos of our Orca on display at the event.



Andrea Totten
VISUAL ARTS TEACHER



COMMUNITY NOTICES



ACWE & About FACE
present
Concert for Chappy
Directed by Sue Findlay

Saturday 22 June 7.30 pm

Oceans Church
85 Brewster Rd, Albany

Family \$55 Adult \$22 Conc. \$18
Child 6-17 yrs \$8 Child under 5 free
Includes light supper

Tickets at the door or online
www.trybooking.com/BCHQD

All proceeds to assist the work of the Albany YouthCARE School Chaplains



- How can we listen to our kids better?
- How can we help our kids to know what they are feeling?
- How can we support our kids with what they are feeling?

All emotions are normal; it's what we do with them that matters. To support parents, we are offering a series of FREE seminars to help you with recognising, understanding and responding to teen emotions.

When: Tuesday 25 June 2019

Where: Albany Senior High School Staffroom

Time: 3.30 – 5.00pm

To register your interest, please contact 9841 0444.

Supported by



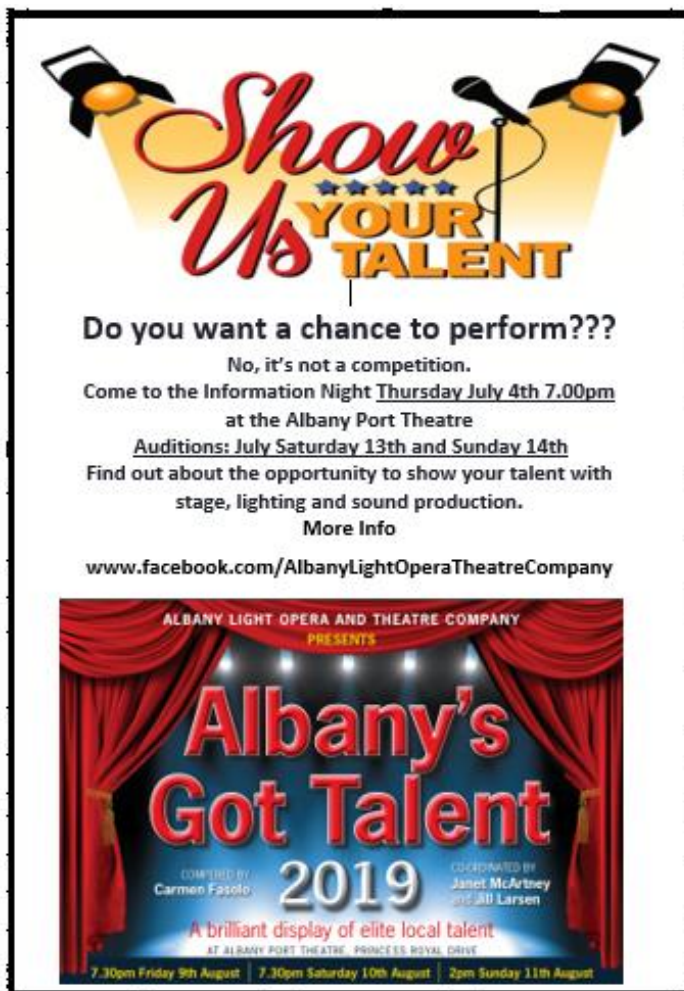
Intimate Image Laws Forum For Parents and Community Members

The Office of the Commissioner for Victims of Crime is undertaking a series of [regional public forums](#) to raise awareness around the new intimate image laws. The forum is designed to give parents and other community members the opportunity to ask questions of the Acting Commissioner on this and/or other victim related topics.

The target group for this forum is year groups 7-12.
Details for Albany's Forum:

Albany Public Library
27 June 2019
4.00-5.00 pm

For more information please refer to
<https://www.victimsofcrime.wa.gov.au/apps/news/detail.aspx?ID=1303&uid=5546-3309-5234-4199>



Show Us YOUR TALENT

Do you want a chance to perform???

No, it's not a competition.

Come to the Information Night **Thursday July 4th 7.00pm**
at the Albany Port Theatre

Auditions: July Saturday 13th and Sunday 14th

Find out about the opportunity to show your talent with stage, lighting and sound production.

More Info

www.facebook.com/AlbanyLightOperaTheatreCompany

ALBANY LIGHT OPERA AND THEATRE COMPANY PRESENTS

Albany's Got Talent 2019

COORDINATED BY Carmen Fasolo
COORDINATED BY Janet McCartney and Jill Larsen

A brilliant display of elite local talent

AT ALBANY PORT THEATRE, PRINCE'S ROYAL DRIVE

7.30pm Friday 9th August | 7.30pm Saturday 10th August | 2pm Sunday 11th August

Apprenticeship Opportunity

Truck Centre (WA) would like to invite motivated and mechanically minded individuals that have a keen interest in developing a career in the Road Transport Industry, to apply for our 2019/2020 Apprentice opportunity at our Albany branch.

Applicants must:

- Show a strong interest in the Heavy Automotive industry
- Be willing to commit to the full 48 month term of the apprenticeship
- Have minimum Year 10 Qualifications (Year 12 completion highly desirable)
- Be self-motivated and display a positive attitude
- Be able to use initiative and follow instructions
- Have the ability to work well within a team

Candidates with relevant Work Experience, exposure to Road Transport Vehicle Servicing and/or Cert I or II in the Heavy Automotive Mechanical field are strongly encouraged to apply.

To apply for a 2019/2020 Apprenticeship opportunity, please email the following documents with 'Albany Apprenticeship' in the subject heading to jobs@tcwa.com.au:

- A recent updated copy of your resume
- A cover letter outlining why you are interested in a career in the road transport industry and why you would make a great Truck Centre WA Apprentice
- A copy of your most recent Academic Transcript

All applicants will be contacted once the shortlisting process is completed and will be advised if successful in progressing to the next stage of the recruitment process. Commencement for the role expected in late-2019 to early 2020.

Please note that applications must meet all of the above criteria in order to be considered for this opportunity. Truck Centre WA is not in a position to consider applicants who have already commenced an apprenticeship elsewhere or offer any Recognition of Prior Learning to this qualification.

For further information about this role or about our company, please refer to the Apprenticeship section of our company website

www.tcwa.com.au



Truck Centre WA
WA's largest heavy duty truck dealership

Proudly presented by Strike II

NAIDOC

DANCE PARTY

FRIDAY 12 JULY
DOORS OPEN 6.30PM
7PM - 9PM LOCKOUT
AT PCYC

FEAT DJ DAN FX

OVER \$600 IN PRIZES

.....



VOICE
TREATY
TRUTH
Let's work together for a shared future.
07 - 14 JULY 2019



Rio Tinto

SCHOOL CONTACT INFORMATION

SCHOOL CONTACT DETAILS

Telephone

9841 0444

Postal Address

Albany Senior High School
1 Campbell Road
ALBANY WA 6331

Enquiries and Absentees Email

albany.shs.enquiries@education.wa.edu.au

Absentee SMS

0400 204 440 (text only, no calls)

Account Bank Details

Commonwealth Bank – Albany
Account Name – Albany Senior High School
BSB – 066 500
Account Number – 009 000 88

*Please remember to include your
child's student number as the reference.*

SCHOOL CONTACTS

Administration

Principal

Mrs Jenny Firth

Deputy Principals

Lower School

Mr Wayne Austin

Senior School

Ms Sara Garcia-Perlines

Program Coordinator

Senior School

Student Services

Lower School

Ms Di Heinrich

Attendance Officer

Mr Jason Seal

Year Coordinators

Year 7

Mrs Carrie Beeck

Year 8

Mr Nick Bew

Year 9

Miss Meggie McKeague

Year 10

Mr Malcolm Ellis

Year 11

Mr Barry Longworth

Year 12

Mrs Angela Findlay

Chaplain

Mrs Jennifer Wingard

Learning Support Coordinator

Year 7

Mrs Emma Pedretti

Years 8-12

Mrs Rachel Hodgson

Psychologist

Ms Bree Crockett

School Nurse

Ms Helen Perry

AIEO

Ms Margaret James

AIEO

Monday - Friday

Ms Mandi Khan

Monday - Wednesday

ASHS ALUMNI

Are you a past staff member or student of ASHS?

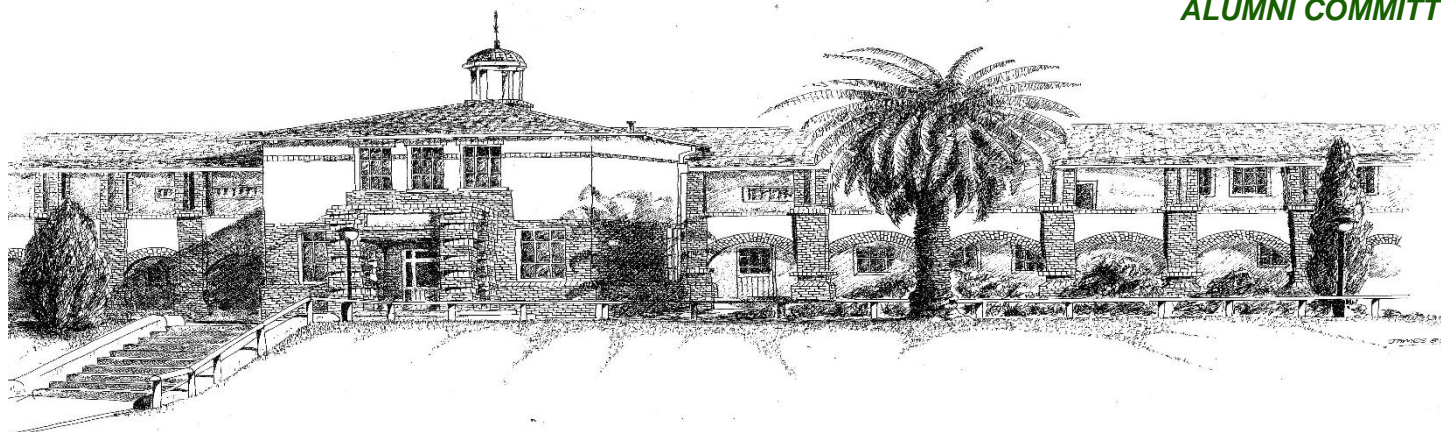
You can register as an ASHS Alumni online at <http://albanyshs.wa.edu.au/page/15/Alumni>

After registering, we verify your details and email you a link to join the ASHS Alumni Facebook Page; or if you would rather, just receive updates by your preferred contact method.

You can also email albanyshsalumni@gmail.com, or post to ASHS Alumni 1 Campbell Road ALBANY WA 6330.

Please share this information with those whom you know are past members of the school community.

Jenny Jackson
ALUMNI COMMITTEE



PARENT CALENDAR

Term 2 2019

WEEK 9	24-Jun	25-Jun	26-Jun	27-Jun	28-Jun	29-Jun	30-Jun
Incur/Excursion	NAIDOC WEEK @ ASHS Young Writers workshop at VAC - Yr 7/8 English students - all day	NAIDOC WEEK @ ASHS	NAIDOC WEEK @ ASHS Community Achievers Afternoon Tea P6	NAIDOC WEEK @ ASHS	NAIDOC WEEK @ ASHS Whole School Assembly P2 Country Week Farewell and NAIDOC		
After Hours	School Board 5.15pm - 6.45pm P&C 7.00pm		Cert II Evening Performance Year 9/10 Drama Production 1				
WEEK 10	1-Jul	2-Jul	3-Jul	4-Jul	5-Jul	6-Jul	7-Jul
Incur/Excursion	Country Week 1 - 5 July					Year 9 Good Standing Reward Movie (P5/6)	

Term 3 2019

WEEK 1	22-Jul	23-Jul	24-Jul	25-Jul	26-Jul	27-Jul	28-Jul
Incur/Excursion	School Development Day NO STUDENTS	Semester 2 Work Placements Start - Year 11	St George's College visit - Yr 11/12 (Lunchtime)	Semester 2 Work Placements Start - Year 11			
		Year Assemblies: Years 10-12 P1 Years 7-9 P3					
WEEK 2	29-Jul	30-Jul	31-Jul	1-Aug	2-Aug	3-Aug	4-Aug
Incur/Excursion		Year 10 Immunisations	Whole School Assembly P1/2 Country Week and Community Achievers				
Exams/Tests				Australian Mathematics Competition			
After Hours	School Board 5.15pm - 6.45pm						
WEEK 3	5-Aug	6-Aug	7-Aug	8-Aug	9-Aug	10-Aug	11-Aug
Incur/Excursion			Yr 9/10 AFL - Mt Barker Cert II SC Students Involved	Student Leaders Induction Day (Years 7-10)	ABODA Senior Band & Orchestra tour Festival - Perth 9-11 August	Band & Orchestra	Band & Orchestra
After Hours		P&C 7.00pm					
WEEK 4	12-Aug	13-Aug	14-Aug	15-Aug	16-Aug	17-Aug	18-Aug
Incur/Excursion	Annual FTD Careers Camp - Perth 12 - 16 August						
	Year 10 Immunisations	Multi-Sport Carnival Years 7-9		Student Parliament (Lunch time)	Interscholar Surfing		
	Young Writers workshop at VAC - Yr 7/8 English students - all day	School Tours 9.30 am			Parent Newsletter distributed		
After Hours				Showcase - Albany Entertainment Centre - All Music Students and Groups 15-17 August			
WEEK 5	19-Aug	20-Aug	21-Aug	22-Aug	23-Aug	24-Aug	25-Aug
Incur/Excursion	Book Week 19-23 August	Try-A-Trade (Year 10 Building and Construction VET 2020) 20-22 August			Book Week Dress Up		
	Year 10 English/Drama Barking Gecko Incursion P3/4		UWA Presentation (lunchtime)		School Tours 9.30am		
					Senior Schools Cup - Volleyball 22 - 25 August		
		Year 12 Outdoor Ed Camp	Year 12 Outdoor Ed Camp	Year 12 Outdoor Ed Camp			
WEEK 6	26-Aug	27-Aug	28-Aug	29-Aug	30-Aug	31-Aug	1-Sep
Incur/Excursion				WAAPA Week 27-30 August			
					State Schools Surfing		
After Hours	School Board 5.15 pm - 6.45pm			RadioActive - AEC - 27 - 30 August			
WEEK 7	2-Sep	3-Sep	4-Sep	5-Sep	6-Sep	7-Sep	8-Sep
Incur/Excursion	Prefect Camp	Prefect Camp		Hong Kong Work Experience Program 5-14 September			
Exams/Tests	OLNA Writing (2-4 Sept)	OLNA Writing (2-4 Sept)	OLNA Writing (2-4 Sept)	OLNA (2-27 Sept)	OLNA		
WEEK 8	9-Sep	10-Sep	11-Sep	12-Sep	13-Sep	14-Sep	15-Sep
Incur/Excursion	Hong Kong Work Experience Program 5-14 September						
				R U OK? Day			
				Student Parliament (Lunch time)	Parent Newsletter distributed		
Exams/Tests	OLNA (2-27 Sept)	OLNA	OLNA	OLNA	OLNA		
After Hours		P&C 7.00pm					
WEEK 9	16-Sep	17-Sep	18-Sep	19-Sep	20-Sep	21-Sep	22-Sep
Incur/Excursion		Semester 2 Work Placements Finish - Year 12	Cert II Music Evening	Semester 2 Work Placements Finish - Year 12			
			Year 12 House Reward - Lunch	Year Assembly - Years 7-11 P4 12:30			
				Year 12 Meeting (Lunch)			
				Year 7-10 Schools Cup Volleyball - 19-22 September			
				Visual Art exhibition opening			
Exams/Tests	OLNA (2-27 Sept)	OLNA	OLNA	OLNA	OLNA		
				ICAS Mathematics			
After Hours		Workplace Learning Parent Information Session 6pm					
WEEK 10	23-Sep	24-Sep	25-Sep	26-Sep	27-Sep	28-Sep	29-Sep
Exams/Tests	OLNA (2-27 Sept)	OLNA	OLNA	OLNA	OLNA		
	Year 12 SIDE ATAR Exams 23-27th						
After Hours	School Board 5.15 pm - 6.45pm						

Please note – all calendar dates are subject to change, please see our website for further details



ASHS is in partnership with TerraCycle to reduce our plastic waste

You can find more Information on the TerraCycle Website

www.terraCycle.com

Help us reduce our impact on the environment

ASHS IS Recycling!



Bring in your **empty** beauty products, oral care, contact lenses and Australia Post Satchels and bring them to Student Services

TerraCycle takes our plastics and recycles them, in return for tokens which we donate to charity

ACCEPTED WASTE



ACCEPTED WASTE



ACCEPTED WASTE



ACCEPTED WASTE

