

Newsletter



ALBANY SENIOR HIGH SCHOOL NEWSLETTER - TERM 1

MARCH 2023



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From the Principal - Jarrad Ritchie

Term 1 2023 and it's been smooth sailing. No masks, full classrooms, students happily mingling and for the most part, healthy staff to teach them.

The year started with enthusiasm, with a large contingent of new staff who have all settled in well and a refreshed returning contingent. After a few weeks we also saw off Melissa Walker who headed off for 6 months or so of well deserved leave. As an Albany person and from an ASHS family it has been an absolute privilege to take up the Principals chair for this period of time. Its been fantastic getting to know many members of the school community in a different capacity, not least working with our wonderful Board and P&C.

2023 has seen the return of many student experiences put on hold over the past several years with excursions, sporting endeavours and student leadership opportunities all going ahead and working towards building the belonging

and connectedness we strive for as outlined in our current school strategic plan. Our GAT program has now expanded to its second intake and our Marine program now runs activities for all year groups in addition to the existing year 9-12 curriculum. I was recently able to tour the new performing arts centre, which is looking absolutely great with completion scheduled for sometime in Term 2. Keep an eye on our socials for photo updates of these and all programs running at the school.

The other big change this year has been the change of delivery date for NAPLAN, now all but complete. Thank you to all years 7 & 9 students for your mature approach to this testing. Its our hope that with earlier testing and earlier results we will be far better placed to use results to better inform our teaching, sooner.

School attendance has improved, but remains lower than our pre pandemic averages. Although we appreciate your ongoing diligence in

keeping students away from school when sick, please keep in mind that the best way to achieve academic results is to be at school in class.

Having read through the subsequent pages of this newsletter I am thoroughly proud of our school and am looking forward to the remainder of the year. Thanks again to everyone. Jarrad.



Year 7 Overnight Camp



The year 7 camps were held for the first time in several years. After the recent disruptions to our way of life resulting from the virus that shall not be named. We were extremely proud to be able to once again offer all of our year 7's the opportunity to head to camp.

Held at Camp Kennedy we have 120 students present over 1 day and two nights, that's almost 80% of our total cohort! While there the kids enjoyed a night and day of activities and entertainment aimed at building up their connectedness and well-being. This included activities like sandcastle building contests on the nearby beach, team competitions in which kids had to problem solve, work collaboratively or simply avoid getting soaked through while catching an errant water balloon. One group even managed to throw and catch a balloon filled with water over almost 6m setting a new camp record.

Speaking of records I suspect we didn't break any for sleeping. While many students fell asleep exhausted by nightfall I can say without doubt that several dorms were up enjoying

the camaraderie and opportunity to meet new friends, get to know more about each other or, in at least once instance tell tales to scare each other enough that I ended up spending a restless night encamped outside their dorm so they would feel safe from their imaginations.

Many of the events were held in our school houses (Sloman, Reedy, Collins and Laing) as a competitive way to reinvigorate our house system. It was amazing to see students engage and take so much pride in their individual houses and work so hard to do the best for each other. In the end this hard fought competition was won by Reedy in a very close result, Reedy emerging over Laing by a margin of only 100 points, a margin that amounts to a little under 4%.

Of special note we had our prefects out to work alongside the year sevens on each night of the camp. I would like to really compliment these students on their preparation and interactions with our newest cohort. It's not easy to run actives for 20+ enthusiastic and excited young people but they did a

remarkable job.

I think all of us should be proud of the way the year 7's engaged and participated throughout the camp. Whether tired, excited or scared they all kept going with a persistence that can only come from youth. Mr Seal.

Albany Senior High School Swimming Carnival

Albany Senior High School held its first swimming carnival of 2023 at Albany Leisure and Aquatic Centre, Wednesday 8 March. Mrs Newton.

After a brief hiatus due to the dreaded 'C' word, the ASHS inter-house carnival returned on Wednesday 8th March 2023. With approximately 145 participants the day went off without a hitch. Students swam their hearts out, behaved admirably and supported each other with enthusiasm. Everyone had a great day, our top swimmers broke numerous records and once again, LAING came away with the win.

We look forward to students attending the Inter-school Carnival in Week 9 to compete against the best swimmers from St Josephs and Great Southern Grammar.

Thank you to our Certificate III Sport and Recreation helpers who organised equipment, timed, recorded and marshalled. Also a big thank you to the teachers that attended on the day to supervise and assist – Mr Matson, Miss Nixon, Ms Quartermaine, Mr Beeck and Mr Armstrong.

House results were:

LAING	2438
REEDY	1911
COLLINS	1700
SLOMAN	1372



Individual results were:

Year	Champion	RU Champion
7	Kate Mitchell	Ari Scott
	Kai Meyers	Harrison Till
8	Tessa Steer	Sophia Riddell
	Creed Shepard	Robson Neilson
9	Julia Liitiaeninen	Charleton Neilsen
	Regan Christensen	Austin Scott
10	Dalphi Steer	Keely Berry
	Ashton Henrickson	Henry Roger
11/12	Megan Pascoe	Lilly Turbill
	Ned Shepherd	Harry Knowlon

Albany Performing Arts Centre - Premier McGowan Visit



Friday 31 March The Hon. Mark McGowan Visited Albany and chose to visit Albany Senior High School.

We were happy to have Mr McGowan on site to see the progress of the new APAC building.

A group of student leaders welcomed Mr McGowan at the administration building and walked him and local member Rebecca Stephens to the new building site.

This gave the young leaders a chance to have a chat with the local member and the Premier. We were very pleased with our student leaders. They showed great pride and respect as they were representing Albany Senior High School.

The Two prefects were some of the first people to see the interior progress on the building as they toured with Mr McGowan.



Albany Senior High School Student Artist

Talented artist at Albany Senior High School commissioned to create artwork for local office.



Talented Year 10 Albany SHS student, Angel Brooks, was commissioned by Wanslea, in Albany, to produce some Indigenous artwork for display in their office. The artwork will ensure that the Wanslea office is a welcoming and culturally appropriate meeting space. The artworks tell a very important story and took months for Angel to complete.

Angels Story:

Hi my name is Angel Brooks, I am 15 years old and proud to be presenting my paintings to the Wanslea organisation.

These two painting tell a story of family and gathering.

The three middle circles on each painting show family and friends meeting and gathering. It has woman and men sitting around the fires yarning and the little footprints are the children running around, playing and exploring while being protected by their elders.

The blue represents water, dams, lakes and oceans that we are surrounded by. The browns represent our land and the many different colours of it.

On the earth painting you will notice 4 blue circles. These are our water holes. On the ocean painting you will notice 4 earth-coloured circles. These are our islands that surround our town.

The kangaroo tracks and fish represent food and hunting and the journey through life.

Maatakitj Follow the Dream Workshop

FTD students were engaged by Maatakitj to showcase his upcoming show with Kronos Quartet and teach them the dances from his Noongar wonderland show.



The Follow the Dream students were lucky to have Rueben, Clint and Bobbi come and teach them dances from Noongar Wonderland and songs that will be from Clint's new work with the Kronos quartet. It was a great two days of tutoring with lots of fun singing and dancing.



Welcome Candice Matthews FTD Coordinator:

A huge congratulations to our new Follow the Dream coordinator. We could not be happier to have you on board taking the reigns. Ms Matthews, is the first Polly Farmer Foundation Follow the

Dream graduate to work as a coordinator of that program.

The Follow the Dream program supports the aspirations of Aboriginal students to successfully complete secondary school and provides access to tutoring and mentoring opportunities to enable them to excel.

Ms Matthews supports students at Albany, Denmark, Mount Barker and Jerramungup.

Little Stories Big Ideas

Student Sarah Morrow Won 3rd place in the Little Stories Big Ideas literacy competition.

Memories Mourned by Sarah Morrow, Albany Senior High School, WA

Little Stories Big Ideas is a literary competition for Australian Secondary school students. A themed prompt is given and students write an original piece on the given theme. These themes range from diversity, respect, acceptance and more. This competition runs four times a year once a term and the students have a chance to win prizes and have their work published on the Little stories Big Ideas website. Term 4 of 2022 Sarah Morrow won third place with

her entry Memories Mourned with the theme given being 'Fear'.

When my thoughts became garments Everything seemed to change They weighed me down, bound my arms Fusing to my bones like mangle I'll never forget the black-cloaked man The one that stitched the fabric His face burned in my mind His words pained and static "when would it end?" He asked I tend to ask the same So I took his cloak in favour And he left me with his name "Gone and still forgotten" My thoughts began to weave And as I took the title of fear My past would always grieve.

For more information about the program and how to enter the upcoming competitions follow the link below.

<https://littlestoriesbigideas.com.au/>



Lila Wenzel — 2023 Premier's ANZAC Tour Essay

Lila Wenzel wrote an amazing essay about the women's land army and submitted it to the 2023 Premier's ANZAC tour.

On behalf of the Albany SHS community it is with pride that I express heartfelt congratulations for being selected to be a part of the 2023 Premier's ANZAC Student Tour. The efforts you put into your application and the process was admirable and you were highly deserving of this opportunity. Personally, thank you for sharing your submission, Australian Women's Land Army, with me. Your well researched submission was enlightening and thought provoking.

- Ms Walker.

Lila was the worthy recipient, being selected to join the Premiers ANZAC tour in 2023. Below is an excerpt of her winning submission.

The soldiers who went off to war overseas – most of whom had never experienced combat – found every day their lives were at risk, and often didn't know whether their efforts were making a difference. Battles important to Australia included the Siege of Tobruk (April – December 10th, 1941) and the Defence and Fall of Singapore (December 8th, 1941 – February

15th, 1942). The Australian soldiers' defence of the port town of Tobruk from German-Italian forces was vital to the Allies' control of the Suez Canal: strategically important as a trade short-cut through Africa to Europe. The Australian forces endured almost constant bombings but kept control of Tobruk until the siege was lifted in December. For their endurance they were nicknamed 'Rats of Tobruk' by Nazi propagandist William Joyce.⁸ The failed defence, and ultimate fall of Singapore was one of the worst disasters in Australian and British military history. Singapore was a key part of British presence and defence in the Asia-Pacific and important to Australian defence policies. Once WW2 began, Singapore's military resources went to Britain, so when Japan attacked Singapore, there were inadequate resources and Japan quickly won over the ill-prepared defenders.



Message from Lila:

Thank you so much for your congratulatory email, I'm really excited to be going on the tour next year, and I appreciate your kind words.

It's great that you've taken an interest in our application to the Premier's ANZAC Student Tour 2023 and want to share the achievements of GATE Online ASHS students to the ASHS community.



Harmony Day

'Everyone Belongs' is the theme of this years Harmony Week and the ASHS community embodies that always.

Did you know that half of Australians were either born or have a parent born overseas? On national Harmony Day, a day in which we celebrate the multiculturalism of Australia. The theme was "Everyone Belongs." The students and staff were encouraged to wear an orange accessory. Orange represents open and meaningful conversations. The staff enjoyed a beautiful morning tea in the library and the students were involved in break time activities. The Pop Band performed in the auditorium and the students enjoyed bracelet making, origami, face painting, games on the basketball court, and a giant banner where they could write positive messages. It was a wonderful day and we appreciate all the efforts made by the Prefects and Student leaders to lead the activities.



5 Days a Week Breakfast Club

Our chaplain Jen Wingard is doing an amazing job organising and running this brilliant initiative.



We have had a wonderful response to our Breakfast Club initiative where Students and Staff are enjoying breakfast each day before school. It has been a wonderful time for positive connections, good food, and an even better start to the day! As of week 8, 5000 breakfasts served.

How can you get involved? we are continuing to look for volunteers to assist our Chaplain in the prep, serving, and clean up. We also welcome donations of healthy cereal, muesli, and jam. If you'd like to get more information or be involved, please contact the school and ask for Jen Wingard.



Chaplains Corner

Our Chaplains update on the happenings around the Albany SHS community and students.

What a busy term this has been! I've been enjoying getting the Breakfast Club up and running. It's been a great opportunity to connect with students and help them start their day in a positive way. I enjoyed coordinating the Harmony Day activities and loved the theme for the day which was "Everyone Belongs". As a Chaplain, I am passionate about building connectedness and a sense of belonging. The teenage years can feel like a rollercoaster (as parents we are acutely aware of the highs and lows of this adventure ride).

Each day I have the privilege of working with our fantastic student services team, through activities such as breakfast club, to encourage, guide and some times just listen to our students as they navigate adolescence.

We know that as we build relationships and help students to feel connect to the school and their peers, they are able to better engage in learning and more resilient in the face of adversity.

I look forward to Term 2 as we continue to look for new ideas and support students at Albany Senior High School.



All the big events happening in Term 2

Mark these ones on the calendar to remember what's going on next term.

Date	Event	Who for
Week 1 Wednesday 26 April	Students Resume	All years
Week 3 Monday 8 May	Years 7 - 12 Inter-school Cross Country	All years
Week 3 Thursday 11 May	Early Close for Parent-Teacher Night Years 8,9 and 10. (All Students finish at 1:36 pm)	All Years
Week 4 Monday 15-17 May	School Photos	All Years
Week 5 Monday 22-30 May	Year 12 Exams	Years 12
Week 5 Wednesday 26 April	Years 7 - 8 AFL Carnival	Year 7 - 8 Students
Week 6 Tuesday 30 May	Year 7 Cultural Excursion	Year 7
Week 7 Tuesday 6 June	Worlds Greatest Shave	All Years
Week 7 Wednesday 7 June	Year 11 - 12 Volleyball	Years 11 and 12
Week 7 Thursday 8-9 June	Year 9 Outdoor Education Camp	Year 9
Week 7/8 Friday 9-16 June	Year 11 Exams	Year 11
Week 8 Thursday 15-16 June	Year 10 Outdoor Education Camp	Year 10
Week 9 Wednesday 21-22 June	Netball Cup Finals - Perth	
Week 10 Monday 26-30 June	Country Week!	All Years



Notices From the Community

The following community events may be of interest to you.



Department of Education
GOVERNMENT OF WESTERN AUSTRALIA

Shaping the future

Career Conversations 2023

Bringing families together

Career information for families

As parents/carers, you are the greatest influencers of your children's career decision making. Together with schools we can prepare young people for the many opportunities and challenges ahead.

We all need to be having career conversations beginning much earlier than secondary school.

Armed with accurate, up-to-date information, families can explore together the full range of options and pathways open to young people.

Join the conversation about post school options at our free parent events in your local area. Come and hear about:

- exploring university and training pathways
- career pathway information for young people with disabilities
- where to find accurate, up-to-date career pathway information
- where the jobs are
- what employers and industry are looking for.

Register for an event



Region	Location	Date
Breakfast events (7:30 am to 8:30 am)		
Central Perth	Perth CBD	Monday 3 April
Metropolitan events (6:30 pm to 8:00 pm)		
North Metropolitan	Joondalup	Monday 29 May
	Scarborough	Tuesday 14 March
	Bentley	Thursday 16 March
South Metropolitan	Henderson	Wednesday 15 March
	Mandurah	Monday 15 May
Regional events (6:30 pm to 8:00 pm)		
Goldfields	Esperance	Thursday 8 June
	Kalgoorlie	Tuesday 13 June
Kimberley	Broome	Tuesday 2 May
	Kununurra	Tuesday 8 August
Mid-West	Carnarvon	Thursday 27 July
	Geraldton	Monday 22 May
Pilbara	Hedland	Thursday 22 June
	Karratha	Wednesday 21 June
	Newman	Tuesday 25 July
Southwest	Albany	Monday 8 May
	Bunbury	Tuesday 28 March
	Busseton	Monday 27 March
Wheatbelt	Narrogin	Wednesday 31 May
	Northam	Thursday 25 May
Online events (5:30 pm to 6:30 pm)		
All	Online	Tuesday 4 April
All	Online	Monday 26 June



KIDS TERM 1 SCHOOL HOLIDAY PROGRAM

5:30AM - 4:30PM WITH NEW ACTIVITIES DAILY!!!

FULL DAY OF ACTIVITIES \$49

Football, games and other sports

VERY LIMITED SPACES, BOOK TODAY TO AVOID DISAPPOINTMENT...

APRIL 11-22, 2023

ALBANY AND DENMARK LOCATIONS

FOR MORE INFORMATION VISIT OR CALL:

WWW.EFA-ALBANY.COM.AU / 0422 190 459



B.E.S.T.

If you have a young person who is 12 to 25 years old and are worried about their mental health or substance use, the Behaviour Exchange and Systems Therapy (BEST) program may be suitable for your family.

The sessions will run at headspace Albany by headspace clinicians.

Time: 5:00-6:30pm
Start date: Wednesday 3rd May 2023
Finish date: Wednesday 21st June 2023
Cost: FREE

By attending the BEST program, you will be part of small multi-family group program that runs for 8 consecutive weeks. This group program is about trying to help your family understand more about adolescence, mental health, and learning to work together and support each other.

If you are interested in participating in the BEST program, please call headspace Albany on 9842 9871 to register.



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health

STUFF YOU NEED TO KNOW

*IF YOU'RE IN YEAR 11/12 OR ON YOUR GAP YEAR!

@ ALBANY PUBLIC LIBRARY FROM 4PM - 5PM

3 May 2023	Tax & budgeting (Lincolns Beyond Numb3rs)
10 May 2023	Resumes & interviews (Lincolns Beyond Numb3rs)
17 May 2023	Rentals 101 (Merrifield Real Estate)
24 May 2023	Healthy Relationships: How to live away from home (Relationships Australia)
31 May 2023	Meal planning 101 (Ocean and Paddock)
7 June 2023	All things WASTE (City of Albany)
14 June 2023	Sustainable living (City of Albany)
21 June 2023	Responsible pet ownership (RSPCA & City of Albany Rangers)

GRAZING PLATTERS AVAILABLE AT EACH SESSION

For more information contact Laura Saunders on 6820 3130 or commdev@albany.wa.gov.au

QUIZ NIGHT & LIVE MUSIC


ALBANY TOWN HALL | 20 APRIL, 6:30PM - 8:30PM

REGISTER IN
TEAMS OF 4
(AGES 13 - 18YRS)
TEAM REGISTRATION \$5

BEST DRESSED
& WINNING TEAM
PRIZE

FOOD & DRINKS
PROVIDED

FEATURING A LIVE
PERFORMANCE BY
KOMOREBI



YOUTH WEEK 2023

"BECOMING: WITH OTHERS WE DREAM"



**SCAN
ME TO
REGISTER**



RioTinto



Government of Western Australia
Department of Communities

Helping Your Teen Navigate Online Friendships



Scan to book

Thursday 30 March
6-7pm

Bookings Essential
library.albany.wa.gov.au
6820 3600

BAZAARIUM 2023 YOUTH MARKET



HAND-MADE AND THRIFTED ITEMS!

All stalls run by young local creatives and business owners
(Cash and card payments available)

For more information contact Laura Saunders on 6820 3130 or commdevel@albany.wa.gov.au



**SCAN
ME**



RioTinto

YOUTH WEEK INFLATA-DAY

- BOUNCY CASTLE •
- WARRIOR SLIDE •
- BASKETBALL COURT •
- SAMURAI OBSTACLE COURSE •
- ICECREAM VAN •
- FAIRY FLOSS •
- AND MORE •

FRIDAY 14 APRIL
TOWN SQUARE | 11AM - 2PM

**FREE EVENT
ALL AGES!**



For more information contact Laura Saunders on 6820 3130 or commdevel@albany.wa.gov.au



RioTinto